

Urban Active Environments – learning from practice and policy implementation in the EU SPACE project

Diane Crone¹, Sonja Kahlmeier², Nick Cavill³, Charlie Foster³, Susana Aznar Lain⁴, Radu Colt⁵, Rosina Ndukwe⁶, Tanja Onatsu⁷, and Zane Siliņa⁸

Aim of SPACe

Develop and implement Urban Active Environment Action Plans (UActiveE's) to promote physical activity-friendly environments.

Introduction

Urban environments central to facilitating the promotion of physical activity (PA) [Van Holle et al., 2012; Heath et al., 2013; de Nazelle et al., 2011].

SPACe project (Supporting Policy and action for Active Environments) 3 year ERASMUS+ project.

Who and where?

10 partners [HEI, NGO, Local government, Non-profit government organisation]
8 countries [UK, Switzerland, Greece, Italy, Spain, Romania, Finland, Latvia]
5 implementation sites: Tukums [Latvia], Palermo [Italy], Brasov [Romania], Castilla-La Mancha [Spain], Trikala [Greece].

What is an UActive Action Plan?

Co-produced comprehensive plan includes a vision with actions and specific goals for built and social environments, and specific settings/population groups.

How is the UActive Action Plan developed?



SPACe – project outcomes

1. Learning from the process of co-production
2. Capture challenges and solutions on translating evidence into policy and practice
3. Good practice and guidance documents for public health, local government, education authorities, transport agencies.

Project timescales

01/01/15 – 31/12/17

More information

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